



# Week One

St Anthony's

Primary Menu Week 1	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Margherita Pizza Slice with Jacket Wedges	Pasta Bolognese & Garlic Bread	Roast of the Day Chicken with Stuffing & Gravy	BBQ Pulled Pork sandwich with Wedges	Fish burger with cheese, Chips & Tomato Sauce
Vegetarian Main Meal Option 1	Vegetable curry with mixed rice and naan	Veggie spaghetti Bolognese & Garlic Bread	Quorn Roast with Stuffing & Gravy	Barbeque flavoured noodles with veg	Veggie Burger with Chips & Tomato Sauce
Vegetable Selection	Green Beans Sweetcorn	Broccoli Roasted Summer Vegetables	Cauliflower Seasonal Greens	Wok Bashed Vegetables Carrots/Mixed Salad	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
Dessert	Orange & Banana Traybake	Apple Flapjack	Tropical Crumble with Pineapple, Mandarin, Peaches & Cream	Watermelon & Pineapple Slices	Chocolate Cookie

## Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts





# Week Two

St Anthony's

Primary Menu Week 2	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Margherita Pizza with Diced Potatoes	Chicken and vegetable paella	Roast of the Day Gammon with Yorkshire Pudding, Roast Potatoes & Gravy	Chicken Meatball Sub with Sauce & Wedges	Fish Fingers & Chips
Vegetarian Main Meal Option 1	Veggie shepherds pie	Vegetable Curry & Mixed Rice & Naan	Veggie Balls with Yorkshire Pudding, Roast Potatoes & Gravy	Baked Macaroni Cheese	Veggie Hot Dog & Chips
Vegetable Selection	Sweetcorn & Peppers Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Broccoli Roasted Winter Vegetables	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
Dessert	Oaty Raisin Cookies with Watermelon Slice	Cinnamon Pear Upside Down Cake with Chocolate Drizzle	Jam Tart & Custard	Lemon & Blueberry Yoghurt Cake	(Hidden) Beetroot Brownie

## Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts





# Week Three

St Anthony's

Primary Menu Week 3	'Green Earth Monday'	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Veggie Meatballs with a Tomato Sauce	Traditional sausage and mash with gravy	Roast of the Day Turkey with Stuffing & Gravy	Lamb & Vegetable Hotpot	Fish & Chips with Tomato Sauce
Vegetarian Main Meal Option 1	Margherita Pizza with Potatoes	Vegetable Tortilla 'Lasagne'	Quorn Roast with Stuffing, & Gravy	Tomato Pasta Bake	Cheese and tomato melt with Chips
Vegetable Selection	Mixed Vegetables Garden Salad	Green Beans Cauliflower	Wok Bashed Vegetables Carrots	Broccoli Sweetcorn	Baked Beans Garden Peas
Jacket Potato Option	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans				
Dessert	Chocolate Shortbread with Apple Smiles	Carrot Cake Cookie	Peach Shortcake Bar & Custard	Watermelon & Pineapple Slices	Lemon & Courgette Slice

## Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurts

